



Ithuluzi Lokuhlonza I-HIV

Funda le mibuzo elandelayo uyifundele bonke abantu abaya ocansini futhi ubathumele esikhungweni sezempilo bayohlololwa i-HIV uma ufake uqhushi kunoma IYIPHI YEZIMPENDULO ezikumabhulokhi anombala

	Y=Yebo	C=Cha
1. Ingabe uye wahlololwa i-HIV ezinyangeni ezi-3 ezedlule?	Y	C
2. Ingabe uke waya ocansini kuhlanganise nocansi lwasebulongweni ngaphandle kwekhondomu ezinyangeni ezi-3 ezedlule?	Y	C
3. Ingabe uke waba nophathina bezocansi abangaphezu koyedwa ezinyangeni ezi-3 ezedlule?	Y	C
4. Ingabe usola ukuthi uphathina wakho unabanye ophathina bezocansi ngaphandle kwakho?	Y	C
5. Ingabe uyazisebenzisa izinaliti nomaizinsingo rzisetshenziswa ngabanye abantu?	Y	C

Okufanele kuphawulwe i-CCG:

Sicela ufundele iklayenti lokhu okulandelayo.

- Uma niye nahlololwa i-HIV ezinyangeni ezintathu ezedlule futhi imiphumela yathi aninayo i-HIV, kusangenzeka ukuthi wena nophathina wakho beniku-window period futhi kufanele nibuyele esikhungweni sezempilo niyohlololwa i-HIV okwesibili ukuze niqinisekise isimo senu se-HIV
- Uma nisazi isimo senu se-HIV futhi ninayo i-HIV, hambani niye esikhungweni sezempilo niyothola ukuthi niyayifanelekela yini i-IPT ukuze nivimbele i-TB

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Ithuluzi Lokuhlonza Ukunamathela kumakhambi e TB kanye nama-ARV's

Fundela amaklayenti akuma-ARV namakhambi e TB lo mbuzo olandelayo futhi uwathumele esikhungweni sezempilo uma impendulo kungu-'YEBO'

Y=Yebo C=Cha

1. Ingabe weqiwe imithamo emibili noma ngaphezulu yemishanguzo yakho kule nyanga edlule?

Y

C

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Ithuluzi Lokuhlonza i-TB

Fundela bonke abantu abasekhaya le mibuzo elandelayo futhi ubathumele esikhungweni sezempilo bayohlololwa i-TB uma ufake uqhushi kunoma IYIPHI IMPENDULO emabhulokhini anombala

	Y=Yebo	C=Cha
1. Ingabe ubelokhu ukhwehlela isikhathi esidlula amaviki amabili?	Y	C
2. Ingabe muva nje ubukhwehlela isikhwehlela esinegazi?	Y	C
3. Ingabe ubelokhu uncipha emzimbeni ngaphandle kwesizathu?	Y	C
4. Ingabe awusakuthandi ukudla?	Y	C
5. Ingabe uyajuluka kakhulu ebusuku?	Y	C
6. Ingabe ulokhu uba nokugodola okulokhu kubuya futhi uthathe izinsuku ezintathu noma ngaphezulu?	Y	C
7. Ingabe unezinhlungu esifubeni?	Y	C
8. Ingabe uba nephika uma uhamba, noma wenza imisetshenzana yasendlini?	Y	C
9. Ingabe unokuvuvukala entanyeni, emakhwapheni noma kwenye indawo?	Y	C
10. Ingabe uke wathintana nothile owelashelwa i-TB noma obelashelwa i-TB ezinyangeni ezingu-6 ezedlule	Y	C

Okufanele kuphawulwe i-CCG:

Fundela iklayenti lokhu okulandelayo.

- Uma usazi isimo sakho se-HIV futhi unayo i-HIV futhi uma kade ukhwehlela amahora angu-24 kufanele uye esikhungweni sezempilo uyohlololwa i-TB

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Ithuluzi Lokuhlonza I-STI

Funda le mibuzo elandelayo uyifundele bonke abantu abaya ocansini futhi ubathumele esikhungweni sezempilo bayohlololwa i-STI uma ufake uqhushi kunoma IYIPHI IMPENDULO ekumabhulokhi anombala

	Y=Yebo	C=Cha
1. Ingabe uke waya ocansini olungavikelekile nophathina osola ukuthi une-STI?	Y	C
2. Ingabe uphathina wakho welashelwa i-STI?	Y	C
3. Ingabe kukhona okuthile okungajwayelekile kanye/noma okunukayo okuphuma emomozini noma epipini lakho?	Y	C
4. Ingabe unokopha okungajwayelekile emomozini noma epipini lakho?	Y	C
5. Ingabe uzwa ubuhlungu noma ukushisa lapho nisocansini?	Y	C
6. Ingabe uzwa ubuhlungu noma ukushisa uma uchama?	Y	C
7. Ingabe uzwa ubuhlungu esinyeni?	Y	C
8. Ingabe uyazibona izilonda emomozini, epipini noma endunwini yakho?	Y	C
9. Ingabe imomozi, ipipi noma indunu yakho ibuhlungu noma iyaluma?	Y	C
10. Ingabe wena noma uphathina wakho niye nahlolelwe i-HIV ezinyangeni ezi-3 ezedlule?	Y	C

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Imigomo yokulungela ukuthola imishanguzo yama -Anti Retroviral (ARV)

1. I-PMTCT

- Uma ukhulelwe uyoqala ukuthatha Imishanguzo impilo yakho yonke noma ngabe singakanani isikali samaseli emzimbeni wakho
- Uma uncelisa uyoqala ukuthatha Imishanguzo impilo yakho yonke noma ngabe singakanani isikali samaseli emzimbeni wakho
- Uma ubukade udla ama-ARVs, uyoqhubeka nawo njengoba nje uyalelwe ngabasebenzi bezokwelapha

2. Abantu abadala

- Uma isibalo sakho samaseli e-CD4 singu-350 noma ngaphansi, uyoqala ama-ARV ozowadla ukuphila kwakho konke
- Uma uneNgculaza noma iGciwane lakho le-HIV liseSigabeni 4, uyoqala ama-ARV ozowadla ukuphila kwakho konke kungakhathaliseki ukuthi sithini isibalo sakho samaseli e-CD4
- Uma une-MDR- noma XDR-TB, uyoqala ama-ARV ozowadla ukuphila kwakho konke kungakhathaliseki ukuthi sithini isibalo sakho samaseli e-CD4

TB – Isifo Sofuba (Tuberculosis)

MDR-TB – I-TB Emelana Nemishanguzo Eminingi (Multi Drug Resistant TB)

XDR-TB – I-TB Emelana Cishe Nayo Yonke Imishanguzo (Extremely Drug Resistant TB)

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Ithuluzi Lokuhlonza Ukukhulelwa

Y=Yebo

C=Cha

1. Lwalunini usuku lokuqala owagcina ngalo ukuya esikhathini ngendlela evamile? (Ukuya kwakho esikhathini yinto eyenzeka nyanga zonke futhi lokhu kungase kuhluke kuye ngowesifazane, isib. igazi lingase liphume kakhulu, inani lezinsuku lingase lihluke).

DD

MM

2. Ingabe uke waya ocansini ngaphandle kokusebenzisa indlela ethile yokuvimba inzalo?

Y

C

Phawula:

Uma impendulo yoMbuza 1 ibonisa ukuthi weqiwe ukuya esikhathini, impendulo yoMbuza 2 ithi 'YEBO', futhi ikhasimende LINOLUNYE lwalezi zimpawu ezilandelayo, lithumele emtholampilo liyohlololwa ukukhulelwa.

3. Ingabe amabele akho abuhlungu?

Y

C

4. Ingabe uzizwa unesicanucanu?

Y

C

5. Ingabe uhlale ukhathele?

Y

C

Okufanele kuphawulwe i-CCG:

- Funda le mibuzo elandelayo uyifundele amakhasimende akho esifazane. Wathumele emtholampilo ayohlololwa ukukhulelwa uma impendulo yoMbuza 1 ibonisa ukuthi eqiwe ukuya esikhathini futhi impendulo yanoma YIMUPHI wemibuzo kungu-'Yebo'

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